STUDENT UNION ANNUAL REPORT 2022/2023

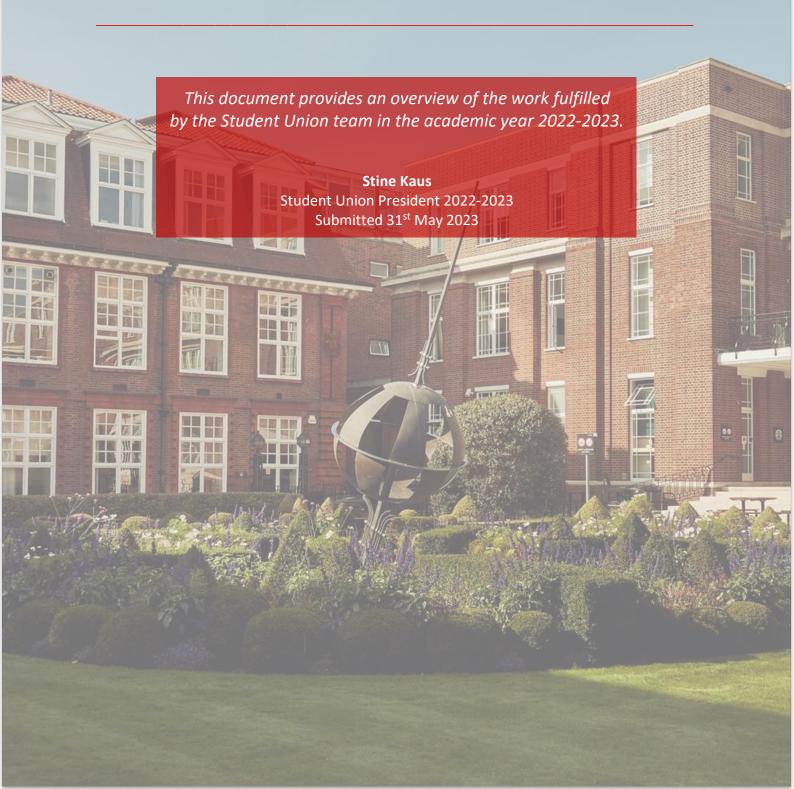


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INTRODUCTION BY STINE KAUS

Dear Reader,

I am delighted to present the outcomes of the Student Union's results for the academic year 22/23. This year has been an incredible journey as we strived to translate **valuable feedback** into practical actions that **enhance the student experience**. My team has made significant efforts to connect with students on campus, resulting in **increased students' engagement and feedback, and awareness of the SU organisation**. Writing this report, I am overly proud of what we together have accomplished this year.

I must say, it has been a privilege to witness the growth of the SU executive team both as a team and as individuals. I could not have dreamt of a better team to support my vision for the SU organisation. The team's collaboration, motivation, and support for each other to succeed has been outstanding. As a psychology graduate, it has been the most invaluable experience to witness each team member's incredible personal and professional growth. Mentoring and supporting a group of bright minds from all over the world to succeed in their roles has been one of the greatest gifts in my role as the SU President.

Our focus on **the three C's**: Collaboration, Communication, Community, has continued to evolve from the strong foundation we established last year. With the university's support, we have fostered an inclusive and compassionate environment, and an increased awareness of the SU and the importance of our feedback systems.

The Student Union is currently in a momentum state, and the future looks bright for the organisation. I am proud to announce that at the Annual General Meeting 2023, students voted in favour of implementing a **new structure**, setting the stage for further growth and success. I extend my best wishes to the incoming SU President, Abigaëlle Perrault, as she leads and expands the team in the coming year. I am excited to see your achievements!

To the students of Regent's University London, I express my heartfelt gratitude for allowing me to serve as your ultimate Voice for two incredible years and providing me with the opportunity to grow as a leader and an individual.

Enjoy reading this year's report!

Yours Sincerely,

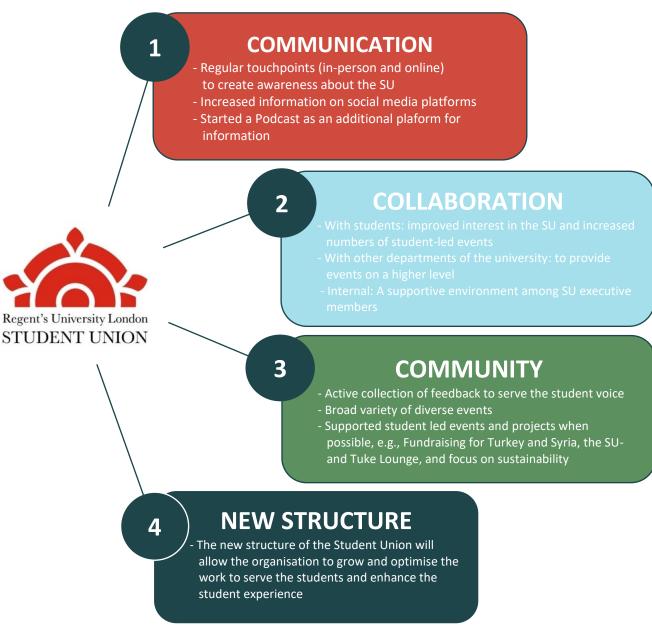
Stine Kaus



MAIN OUTCOMES

Throughout the academic year 22/23, our primary focus has been the three C's: Communication, Collaboration, and Community. We have in different aspects strived to increase our communication and collaboration with students and the different department at Regent's to create a community environment to enhance the student experience. The main outcomes in each area are outlined in Figure 1.

Figure 1The SU Team's Main Outcomes of the Academic Year of 2022/2023



^{*}For further information regarding the *Communication, Collaboration, and Community*, see the paragraph *The Three C's*, p. 14.

^{*}For further information regarding the New Structure, see the paragraph Restructuring the Student Union, p. 33.



POSITIVE RESULTS OF THE REPS FEEDBACK ON THE STUDENT UNION

Support for Student Reps

This year, we have actively collaborated with Regent's University to collect feedback from all courses across the university.

The student reps restructure has been immensely valuable in gathering insights about students' perception of the student union and our initiatives. We have leveraged this feedback to drive continuous improvement and make meaningful enhancements wherever possible.

Autumn 2022 vs Spring 2023

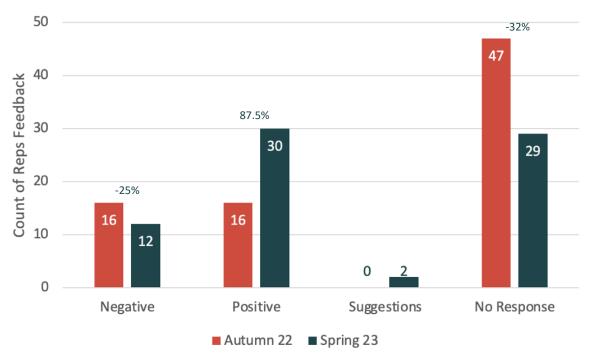
When comparing feedback from autumn '22 to spring '23, we are pleased to note significant progress in shaping the perception of the SU and our initiatives in a positive direction. As seen in Figure 2, we have observed an 87.5% increase in positive feedback, indicating a growing satisfaction among students. Additionally, there has been a notable 25% decrease in negative feedback, reflecting our continuous efforts to address concerns and improve our services.

Moreover, we have received specific suggestions from students, which we have promptly acted upon to enhance their experience (see the "You Said, We Did" paragraph on page 12). Of particular interest is the substantial decrease of 32% in the category 'No Response'. While it may initially seem concerning that a significant number of reps have not left comments regarding the SU, we interpret this as an indication that things are currently functioning satisfactorily. However, we recognise the importance of encouraging these students to voice their opinions and gather their insights to further refine our initiatives.

Moving forward, our focus for the upcoming term will be to actively engage with these students, encouraging them to share their thoughts and gather their perspectives. By doing so, we aim to ensure that we continue to improve and meet the evolving needs and expectations of our student body.



Figure 2
Reps Feedback Autumn '22 vs Spring '23



Note: The current data is based on feedback from reps regarding "Q10 – Council President (Student Union) Representation – Constructive criticism and positive feedback".

- -Feedback from 79 reps was collected in October 2022.
- -Feedback from 73 reps was collected in April 2023.

EXECUTIVE TEAM

I am grateful for the time, effort, dedication and hard work that the executive team have provided this year, for us to be able to serve the students in the best way possible. I am proud of each of the members of the team and their development professionally and personally, and I am proud of what we have accomplished together as a team.

EXECUTIVE MEMBERS TRAINING AND DEVELOPMENT

This year, one priority has been to provide the executive team with the necessary tools and resources to maximise their personal growth and leadership potential. To achieve this, we implemented a series of three mandatory training and reflection sessions in collaboration with the university's Student Engagement Manager, Doris Chavez. These sessions were designed to encompass the following key components:

1. Information

We invited staff members from different departments to our weekly meetings to provide information about university services, such as Student Support. Additionally, Doris Chavez conducted a course on responsibilities and navigating complex situations.

2. Develop the right Leadership Skill/Capabilities

- In October, we had an 8-hours CDP Standard Office Accredited Leadership Development Training facilitated by Dr Eric CK Chan and Doris Chavez. The training session focused on Harvard's 8 Critical Leadership Capabilities for a Complex World.
- In April, we had a session with Doris Chavez focusing on psychological tools to unlock our creative potential when working in the Student Union.

3. Performance Evaluation and Reflective Dialogue

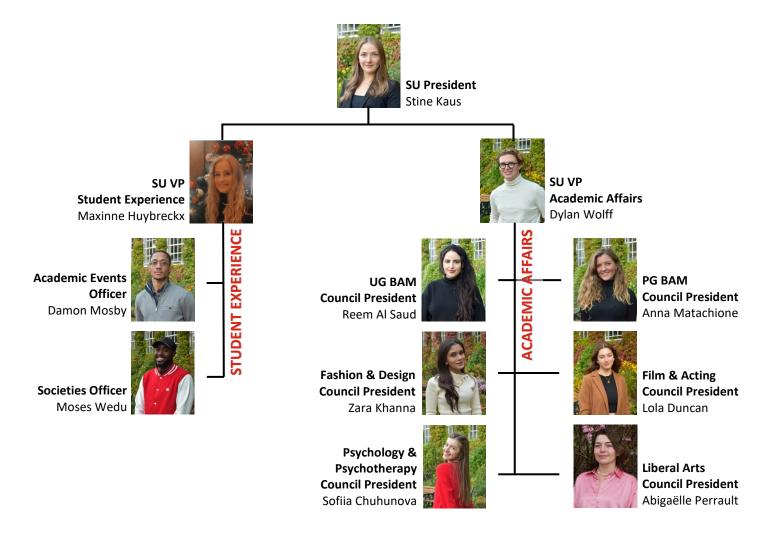
All executive members attended a mandatory one-on-one session with Doris Chavez to reflect on their performance and personal development. These meetings happened at the end of each term.

The executive members derived significant values from these sessions, as evidenced by the feedback forms and comments shared during the reflective performance meetings. They expressed increased awareness of their own leadership capabilities and a discovery of their own skills and potential. The sessions provided a transformative experience for the executive team, empowering them to grow personally and embrace their roles as effective leaders withing the Student Union.



MEMBERS AUTUMN 2022

The Executive Team is the official representative body for all students attending Regent's University London. Fifteen members of our student body are part of the Executive Team.







Secretary Clio Sépé



Marketing Officer Erietta Katsou



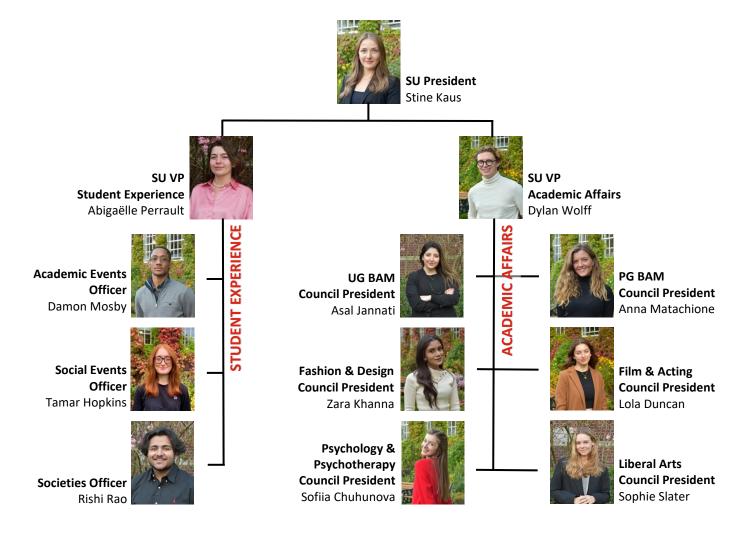
TreasuryPranay Jain





MEMBERS SPRING 2023

The Executive Team is the official representative body for all students attending Regent's University London. Fifteen members of our student body are part of the Executive Team.







Secretary Clio Sépé



Marketing Officer Dila



Treasury Pranay Jain





SU AWARDS 2023

In the end of May, we hosted the SU Awards 2023, a special event dedicated to recognise the exceptional contributions of our executive members. This ceremony was a platform to honour their remarkable efforts and celebrate their hard work throughout the year.

The Student Union Executive Team, Spring 2023



Note. From the left: Sophie Slater (Liberal Arts CP), Anna Matachione (PG BAM CP), Zhina Majedi (new Academic Events Officer), Doris Chavez (Student Engagement Manager), Rishi Rao (Societies Officer), Dylan Wolff (VP of Academic Affairs), Stine Kaus (SU President), Abigaëlle Perrault (VP of Student Experience), Tamar Hopkins (Social Events Officer), Damon Mosby (Academic Events Officer), Lola Duncan (Film & Acting CP), Clio Sépé (Secretary), Sofiia Chuhunova (Psychology & Psychotherapy CP), Dila (Marketing Officer), and Shelbey Dutchak (new Psychology & Psychotherapy CP)



SU Innovation Excellence Award
Damon Mosby



SU Exceptional Team Member Award
Dila



SU Inspirational Leadership Award

Dylan Wolff



SU Dedicated Team Member Award Tamar Hopkins



SU Leadership Growth Award Abigaëlle Perrault



Official handover of the constitution from Stine Kaus to Abigaëlle Perrault, the SU President 23/24.



SU Champion (staff recognition) Associate Professor Julia Weiner



SU Champion (staff recognition)
Dr Elias Boukrami



Samantha Grady (Director of Student Experience), Doris Chavez (SU & Student Voice Manager), Stine Kaus, and Stephanie Murphy (Head of Student Experience & Welfare)



REPRESENTATION OF THE STUDENT BODY

We have placed a strong emphasis on ensuring and representing the student voice throughout our activities and initiatives. We recognise that an inclusive and representative student union is essential for effectively addressing the diverse needs and concerns of our student body. We have strived to achieve an inclusive representation of the student voice by the following:

TRANSPARENT COMMUNICATION CHANNELS AND FEEDBACK MECHANISMS

We have established open and transparent communication channels to encourage students to voice their opinions, concerns, and suggestions through various platforms such as:

- Social media
- Online surveys
- Suggestion boxes, and
- 'Face-the-students' events

With this we have provided multiple avenues for students to express their thoughts and engage in meaningful discussions. The feedback has been instrumental in shaping our initiatives and events to better meet the needs and aspirations of the student body.

REPORTING BACK -YOU SAID, WE DID! CAMPAGIN

The importance of reporting back to students with transparent information regarding actions taken upon their feedback is a very important strategy in improving the work between students and the SU. We created a campaign to inform the general actions taken following the students' feedback and requests received.

Actions in relation to the **general feedback/requests received from different channels** can be seen in Table 2.

Table 2General Feedback Collected from Students and the Actions Taken

General Feedback/Requests	Actions Taken
More SU activities and more inclusive events	Total of 74 events (societies, academics, and social) in 22/23
Lack of clarity of the purpose of the SU and Executive Members	Awareness campaign on our social media platforms
More water dispensers	Promotion of the water dispensers available around on campus



Ensure that the Student Voices are heard	Increased our feedback platforms
More information about the SU and what you do	Awareness campaign on our social media platforms
SU engagement needs to be improved	Increased information on social media platforms
Graduation in the church (request from level 6 students)	Graduation in church + reception on campus

Water Dispensers

In response to student feedback requesting additional water dispensers, we conveyed this request to the relevant departments within the University. As a result, we are delighted to report a notable increase in the number of water dispensers available on campus. Students can now conveniently access water from dispensers throughout the campus.

Reusable Water Bottles

Building upon the successful implementation of additional water dispensers, we have taken a further step to meet student needs by introducing reusable water bottles in the Student Union Shop. This is a sustainable and convenient way for students to stay hydrated on campus*.

*For further information regarding the *Reusable Water Bottles and Sustainability Campaign*, see the paragraph *The Three C's – Community*, p. 19.

Graduation in the Church

Addressing a significant concern expressed by this year's graduates, we have actively pursued to resume the pre-COVID tradition of holding graduation ceremonies in the church. Students have expressed their desire for a more formal setting, and we promptly conveyed this request to the appropriate staff members. We are thrilled to announce that our efforts have yielded positive results. This year's graduation ceremonies will indeed take place in the church, followed by a celebration reception on our scenic Tuke Lawns. We are committed to honouring our graduates' aspirations and ensuring that their graduation experience reflects the significance of their achievements.



FURTHER ACTIONS

Council Meetings Feedback

We also created a series of actions in relation to the feedback received from council meetings, which can be seen in Table 3.

Table 3

Actions Taken as Response to Council Feedback

Actions Taken following Council Feedback 22/23

Increased communication between DoC's and Council Presidents – programme specific changes implemented

Events for Film and Media students

Events focused on careers opportunities

Tailored skills training sessions (Excel) for the post-graduate courses

More clarity about regulations to be shared with students (presented to the Associate Provosts)

More clarity and consistency of assessment briefs and general information about assessments (presented to the Associate Provosts)

Teaching free Wednesdays initiative (pending)

Reps Feedback (Spring 2023)

Feedback collected about the Student Union from the Student Reps in the Spring 2023 term and the actions taken can be seen in Table 4.

Table 4Reps Feedback Collected from Student Reps Spring 2023 and the Actions Taken

Spring 2023	Actions Taken
SU is doing a good role to represent the students' voices (29)	Awareness*
Council Presidents have a positive impact (12)	Awareness*
Role of the SU is clear (3)	Awareness*
No comment (29)	Q&A on Instagram and Feedback Form in events at the end of term



Further SU activities are required and inclusion of specific courses (2)	Tailored and diverse activities
Lack of clarity of the purpose of the Student Union and executive	Increased information on
members (8)	social media platforms
	(Podcast, Website, Instagram, TikTok)
Lack of clarity of the purpose of the Councils (2)	Podcast - episode 2

Note: The numbers in parenthesis represent numbers of reps who addressed this in the Reps Feedback from Spring 2023.

*For further information regarding *Awareness*, see the paragraph *The Three C's – Communication*, p. 14.



THE THREE C'S

This year, the Student Union has been guided by the principle of the Three C's, which has served as the cornerstone for our work. Through a focus on *Communication*, *Collaboration*, and *Community*, we have strived to foster a strong and inclusive environment for all. The Three C's have shaped our decision-making processes and guided the development of our initiatives. By prioritising effective communication, meaningful collaboration, and community-building, we have aimed to create a vibrant and engaged student body. These core values have not only influenced out work this year but have also laid the foundation for a sustainable and student-centred future.

COMMUNICATION and COLLABORATION to build our COMMUNITY

COMMUNICATION

Awareness

This year, we have placed significant emphasis on improving communication and raising awareness about the Student Union, its purpose, and the benefits of student involvement. Our efforts have yielded positive results, particularly evident in the increased interest and enthusiasm shown when applications are open for vacant positions in the executive team.

To enhance student awareness, we have implemented a range of initiative, including:

Meet-the-Team Campaign on Instagram

To foster a stronger connection between the executive team and the student body, we launched an engaging Instagram campaign. This campaign aimed to introduce each member of the executive team, showcasing our faces and providing insights into our roles, responsibilities, and key facts about ourselves. By sharing this information, we sought to create a sense of familiarity and approachability among students.





Monthly 'Face-the-Students' Events

To further cultivate a connection between the executive team and the student body, we have organised monthly events that provided opportunities for students to directly engage with us. These events served as platforms for open communication, enabling students to ask questions, gain insights about our services, and express any concerns they may have. The success of these events is evident in the increased knowledge and understanding of the Student Union observed among students. By facilitating direct interactions and promoting transparent dialogue, we have bene able to establish a deeper connection with the student body, ensuring their voices are heard and their needs are addressed effectively.



Content Creation Media Platforms:

Podcast - "STUDENT VOICE"

Under the leadership of our Academic Events Officer, Damon Mosby, we launched a captivating podcast "STUDENT VOICE – Regent's University London's Student Union's Podcast" on Spotify. This initiative aimed to provide students with an additional platform to actively engage with us. The podcast serves as an informative medium, introducing students to our team, our work, and the advantages of getting involved and staying engaged with the Student Union. We are thrilled to report that the podcast has had a successful start, with three episodes already released.



TikTok

Recognising that majority of the students on campus are Gen Z, we strategically embraced the power of TikTok by launching our official TikTok account. As one of the most popular social media platforms among this generation, Tiktok provides us with a unique opportunity to connect with and reach a wider audience. By leveraging the creative potential of TikTok, we can effectively share relevant and engaging content that resonates with our student body, catering to their preferences and communication habits. This proactive approach allows us to stay relevant and effectively communicate with Gen Z students, ensuring our messages and initiatives are effectively disseminated and received.





Instagram

Our Instagram account has witnessed a significant surge in interest this year, which can be attributed to our increased presence and activity on this platform. Recognising the significance of Instagram as a crucial communication medium with the student body at Regent's University London, we have prioritised it as our primary communication platform. By leveraging the power of Instagram, we have effectively engaged with students, sharing updates, important information, and fostering meaningful interactions. This approach has proven successful in establishing a strengthened connection and communication with and to our student community.

Awareness Campaign about the SU and the Reps Work

We recognised unclarity of the difference between Reps and Council Members, therefore, we aimed to communicate the difference between the roles in a awareness campaign, including episode 2 of the Podcast where the VP of Academic Affairs, Dylan Wolff, and the Film & Acting Council President, Lola Duncan, explains this.

What Reps and Council Members have in common is the opportunity to amplify issues that matter to their friends and course mates, and to empower change at the top strategic level of the University that will make a real difference for all students at Regent's. The similarities and difference between Reps and Council Members can be seen in Table 1.

<u>Reps</u>: The Reps are champions of students' voices who voluntarily represents their peers. The role includes 1) a training session with the Student Engagement Manager at beginning of the term, 2) collect feedback, 3) attend a council meeting, 4) complete a feedback form, and 5) attend the Couse Panel.

<u>Main purpose</u>: Provide feedback in the end of the term on behalf of their course to enhance the student experience, curriculum, resources, teaching quality, organisation and communication, and sense of community.

<u>Council Member</u>: A student who voluntarily participate in biweekly meetings of the council for their specific course. The concerns and points raised in the council meetings can be anything from course specific to university wide issues, and will be dealt with by the Council President, and if necessary, brought to the SU Executive meetings or even raised at a Committee Level.

<u>Main purpose</u>: Become a part of a community with students from the same course to raise concerns and points to enhance the student experience whilst studying as well as getting advice and connections with students with similar interests.



Table 1Similarities and Differences between Student Representatives and Council Members

Student Representatives	Council Members	
Attend Course Panels (once a term) Characians of students' values	Attend bi-weekly Council Meetings Characters of aver (and meetings)	
 Champions of students' voices on behalf of their peers 	 Champions of own (and peers') student voice 	
 Provide feedback once a term 	 Provide feedback bi-weekly 	
 Present only programme specific 	Present general feedback	
feedback	 Participate in focus groups 	
 Volunteer role 	Organise/participate in Council Events	
Receive certificate end of term	• Volunteer role	
	Receive certificate end of term	
Main purpose: Provide course specific		
feedback to enhance the student	Main purpose: Provide course and general	
experience in their programme of study	feedback to enhance the student	
	experience and benefit from being part of	
	a community in their programme of study	

COLLABORATION

The most noteworthy collaboration this year has been the remarkable cohesion within our team. Throughout the academic year of 22/23, the executive team has cultivated strong connections and built meaningful relationships with one another. This has fostered an invaluable sense of support and loyalty within the team. The members genuinely want each other to succeed and passionately assist one another in achieving their goals. Witnessing this vibrant and collaborative approach grow stronger week by week has been truly inspiring. The unity of and teamwork displayed by our executive team have been instrumental in driving our collective accomplishments and ensuing a positive and harmonious working environment.

Another key area of focus for collaboration has been our active engagement with university administrators, academics, and staff, where we have actively shared feedback and concerns to influence decision-making processes. Particularly, we have worked closely with the Careers Team, the Alumni Team, and academics to enhance events and overall student experience.

TEF

The Teaching Excellence Framework (TEF) is a system implemented in the UK to assess and recognise the quality of teaching and learning in higher education institutions. The TEF forth-yearly evaluates universities based on various metrics, including student satisfaction, graduate employment rates, and learning outcomes.



This year the Office of Students (OfS) introduced the voluntarily option of the TEF Student Submission. The TEF Student Submission adds context to the TEF by offering students to provide feedback and input about their educational experiences at their respective institutions. The executive team decided to write a TEF Student Submission for this year's TEF evaluation.

The report was written by the SU President, Stine Kaus, and a group of executive members, volunteered to contribute to the process of feedback gathering, including the VP of Academic Affairs, Dylan Wolff; the Secretary, Clio Sépé; the Marketing Officer, Erietta Katsou; the BAM Council President, Reem Al Saud; and the Film & Acting Council President, Lola Duncan. Evidence was gathered among executive meeting minutes from 2021/22, student reps feedback reports, annual presidential reports from 2018-2022, student union executive team focus groups, and the NSS.

The key take-aways from the TEF Student Submission was that, according to students, Regent's University London offers:

- a unique personal approach to students and great feedback systems
- caring lecturers and up-to-date content
- beneficial learning environments
- favourable circumstances of an international environment
- preeminent student support

You can read the full TEF Student Submission at www.studentunion.regents.ac.uk/reports

NSS

Again, this year the SU had an active involvement in promoting students' response rates including class visits and campaigning work. In collaboration with the university, we reached the goal of this year's NSS response rate of >70%. This meant that we, the SU, doubled our donation to the charity Mind. We donated £2 for each student who answered the NSS survey.

Student Representation/Course Panels and the SU

At the start of the academic year, Regent's implemented a restructure of the previous Student Voice Meetings transitioning to Course Panels, where the previous system of the role of Student Representatives (Reps) was introduced. This meant representatives from all programmes and levels have the opportunity to collect and provide feedback.

We are immensely grateful for the university's appreciation and interest in student feedback. As representatives of the Student Voice at Regent's University, we value the mutual respect and partnership between the university and the student body. Together, we work towards



creating an inclusive environment where students' voices are heard and valued, fostering a stronger sense of belonging and promoting student success.

To support this restructure, the SU, through our Councils, provided any required student-led support and advice to the student reps. As part of this collaboration, we have facilitated space for the reps to participate in our bi-weekly meetings, offering them the necessary support and guidance prior to the course panels.

Support the University's Walpole and Distinguished Speakers Series

We have concerted efforts to promote and support the university's exceptional opportunities for students to attend exclusive events featuring world-class brands as part of the Walpole and Distinguished Speakers Series. Recognising the value of these events in providing unique learning experiences, we have encouraged student participation, particularly through social media, as this is among the uniqueness of Regent's University London.

COMMUNITY

This year we have witnessed an increase in student engagement - potentially returned to pre-COVID levels. Consequently, our primary focus for the Spring term has been cultivating a strong sense of community. Through a range of initiatives, our aim has been to promote a vibrant, captivating, and inclusive environment that entices students to actively participate in activities and enjoy the overall atmosphere of our beautiful university as well as opportunities to form lasting connections with their peers.

SU Festival

During the Welcome Week in September 2022, we successfully curated a lively and dynamic SU Festival in the marquee on the Tuke Lawns. This provided an opportunity for the new students to familiarise themselves with the Student Union, the university, and the array of services available. Our primary objective was to ensure that students felt seen and supported right from their first week, allowing them to fully immerse themselves in the Regent's experience. This event served a wonderful platform to connect with new students one-on-one. The response from students was overwhelmingly positive, further affirming the success and impact of the festival.

Fundraising

In response to the devastating earthquake in Turkey and Syria, alumni and students from these countries reached out to us, seeking support in creating a fundraising platform. Through a beautiful collaboration involving the Alumni team and the Welfare team, we facilitated with what needed for students to be able to realise their desire to help. The students' incredible



efforts resulted in a remarkable achievement, raising £5,451 to The British Red Cross Society by 98 supporters. Providing support to students during challenging situations like this is paramount to fostering a strong sense of community. Additionally, this demonstrates the power of unity and compassion within our student body.

The Student Lounge

In collaboration with the Director of Estates and Facilities, David Tudor-Morgan, over the summer, our office moved to Tuke 008. We believe this has increased the awareness about the Student Union, as students pass by the office regularly due to the location compared to where the old office was located, in the Acland building.

We managed to create a good vibe in the Student Union Lounge (T008) and the Tuke Lounge (T006). We have experienced students increased demand for hanging in the new student lounge, which may be a sign of them finding the community and feeling enjoyable.

Reusable Water Bottles and Sustainability Campaign

The introduction of the water bottles and sustainability campaign served as a follow-up initiative to the university's provision of additional water dispensers. The campaign consisted of three Instagram entries: 1) "Say NO to plastic", 2) Sustainability Quiz & Games, 3) Water Dispenser Map of Regent's University, followed by the introduction to the water bottles available to buy in the SU Office.

Our aim was to further promote sustainability and encourage students to embrace ecofriendly practices and providing practical solutions that benefit both students and the environment. A sustainable campus will be one of the Student Union's main focuses for the year of 23/24.









ACCOMPLISHMENTS BY AREA

ACADEMIC AFFAIRS, STUDENT VOICE, AND REPRESENTATION

This year, we were fortunate to have Dylan Wolff as our VP of Academic Affairs. Dylan has consistently displayed expectational leadership skills and effective communication within his team. He has fostered a supportive and encouraging environment for the Council Presidents, offering valuable advice and assistance whenever necessary. Moreover, Dylan has been instrumental in bringing his team's ideas to life through successful events. In addition, his contribution to Episode 2 of the Student Voice Podcast provided valuable insight and information. Dylan's passion and dedication have been evident throughout the year.

BAM Undergraduate Council

Autumn 2022

The Business & Management Undergraduate Council was in the Autumn 22 term led by Reem Al Saud. As a result of having served as BAM UG CP for the past three terms, Reem have had a good experience of what successful council meetings looks like, and how to recruit members to her team.

In November 2022, Reem hosted the Global Entrepreneurship Week, with support from other executive team members:

- GEW SU x TALKS: An event inspired by TEDx talks, inviting two alumni speakers and
 one guest speaker to deliver short, informative, and engaging talks about their
 experiences in entrepreneurship. Speakers were Abbas Dayekh (Regent's Alumnus
 and founder of OyaNow), Farah Nanji (Regent's Alumna and founder of Regent's
 Racing), and Temmy Adetokunbo (founder of Foodhutz).
- GEW Sustainable Brainstorm Event: In collaboration with the Climate Society, this
 was a session to discuss potential strategies in solving the most pressing
 environmental issues of Regent's campus.
- Regent's Den 2022: A successful event in collaboration with academics and staff as
 judges, Dr Zubin Sethna, Professor Kaye Nightingale, Eleonora Ricci, Jorge Guedes,
 and Dr Elias Boukrami. Alumna Luise Hesse delivered a keynote introduction. A total
 of 12 business idea pitches were submitted from students.

Spring 2023

The Business & Management Undergraduate Council was in the Spring 23 term led by Asal Jannati. Being in the position for just two months, Asal has worked hard to promote and support members' interests resulting in great participation in her biweekly meetings with



approximately 18 active members. Her focus has been giving members tools to thrive in the dynamic business environment as well as improve the Regent's Experience.

BAM Postgraduate Council

Anna Matachione led the Business & Management Postgraduate Council throughout the academic year of 22/23. Under her guidance, Anna successfully cultivated a vibrant and tight-knit community among the BAM PG students. She dedicated herself to providing both emotional and academic support, resulting in the council becoming the most attended one this year, boasting an impressive 22 active members, which is a testament to Anna's ability to foster genuine investment and commitment among council members. Anna displayed great confidence and responsiveness in addressing the feedback provided by the council members. In collaboration with her members, Anna provided a range of events tailored to the interests and needs of postgraduate students:

- Christmas Mixer Networking Event, November 2022
- International Student's Day, a celebration of internationalism, January 2023
- Advanced Excel Workshop with Professor John Saint and the Academic Skills team, February, 2023
- PG BAM Social Event, March 2023

Liberal Arts Council

Autumn 2022

The Liberal Arts Council was in the Autumn 22 term led by Abigaëlle Perrault. Abigaëlle managed to establish a great relationship to the DoC's for Liberal Arts, Mireille Hebing and Julia Weiner, which benefitted the collaboration between the SU and the academics. Abigaëlle arranged:

• Liberal Arts and Humanitas Society Networking event, December 2022

Spring 2023

Sophie Slater served as the Liberal Arts Council in the Spring 23 term. Sophie built upon the great connection to the Course Leaders and DoC's, which created great opportunities for Sophie to report student feedback to relevant stakeholders. Being in the SU for only a few months, Sophie has shown exceptional growth in her leadership and professionalism. This has mainly been because of her commitment, her natural curiosity, and her eagerness to understand how the organisation works.

Sophie arranged:

Liberal Arts Council event, March 2023

Film & Acting Council

Lola Duncan led the Film & Acting Council throughout the academic year of 22/23, demonstrating great leadership, strong communication skills, and professionalism. She



fostered connections with students and academics. Lola has a strong insight of how to engage students alongside improving their academic knowledge and providing the opportunity to learn from one another. Furthermore, Lola has organised great events for the Film & Acting community:

- Film event in Bedford's Bar, October 2022
- Movie Night, November 2022
- Valentine's Trivia Night for Film & Acting Students, February 2023
- Early Careers in Film & Acting, March 2023*

Lola also provided valuable information in Episode 2 of the Student Voice Podcast where she expresses her growth and commitment within the executive team.

Additionally, as an end of term project, Lola created a Vouge Style video of the introduction of the next SU President, Abigaëlle Perrault.

*For further information regarding the Early Careers in Film & Acting event, see the paragraph Accomplishments by Area – Student Experience – Academic Events, p. 26.

Psychology & Psychotherapy Council

Sofiia Chuhunova led the Psychology & Psychotherapy Council throughout the academic year of 22/23. Sofiia has exceedingly fulfilled her role and grown week for week.

There is no doubt, that Sofiia has provided a friendly, non-judgemental, warm, and compassionate atmosphere in her council, resulting in her having great key members in her council showing up to the biweekly meetings and providing feedback that Sofiia immediately has acted upon. Sofiia was able to create a community feeling in her council.

The highlights of Sofiia's time as a council president has been her excellent ability to pull together interesting events in students' interest:

- **Networking event** for level 4, 5, and 6, and master's psychology students, October 2022.
- Career Paths in Psychology: An event with four guest speakers talking about their career paths as psychologists for students to understand some of the routes in psychology, ask questions, and network with the speakers. Speakers were: Health Psychologist, Professor Jo Lusher (professor at Regent's); Forensic Psychologist, Dr Marina Rachitskiy (previous professor at Regent's); Neuropsychologist, Noah Shapiro (Regent's alumnus); and Clinical Psychologist, Dr Emily Smyth (Regent's alumna), November 2022.
- "Bounce Back Better: Toolkit for Resilience and Wellbeing" with Prof Ilona
 Boniwell: An event with a world leader in positive psychology. As mental health



conditions are most prevalent in the age group of 16-24, this event was to increase students' awareness of their mental health and how to become stronger to overcome emotional challenges in their daily lives.*

Fashion & Design Council

The Fashion & Design Council was partly led by the Fashion & Design Council President, Zara Khanna, and the VP of Academic Affairs, Dylan Wolff.

• Early Careers in Fashion & Design, March 2023*

Council Events 22/23

Autumn 22	Council	Attendees
Film Event	Film & Acting	12
Networking event	Psychology & Psychotherapy	15
Movie Night	Film & Acting	10
Career Paths in Psychology	Psychology & Psychotherapy	40
GEW SU x TALKS	UG BAM	30
GEW Sustainable Brainstorm Event	UG BAM	11
Regent's Den 2022	UG BAM	60
Christmas Mixer Networking Event	PG BAM	40
Liberal Arts and Humanitas Society Networking event	Liberal Arts	6

Spring 23	Council	Attendees
International Student's Day	PG BAM	60
Valentine's Trivia Night	Film & Acting	30
Advanced Excel Workshop	PG BAM (and all other students)	10
"Bounce Back Better: Toolkit for Resilience and Wellbeing" with Prof Ilona Boniwell	Psychology & Psychotherapy (and all other students)	90
Liberal Arts Council event	Liberal Arts	25



^{*}For further information regarding the *Ilona Boniwell event*, see the paragraph *Accomplishments by Area – Student Experience – Academic Events*, p. 26.

^{*}For further information regarding the Early Careers in Fashion & Design event, see the paragraph Accomplishments by Area – Student Experience – Academic Events, p. 26.

PG BAM Social Event	PG BAM	20
Early Careers in Fashion & Design	Fashion & Design	30
Early Careers in Film & Acting	Film & Acting	15

STUDENT EXPERIENCE

Maxinne Huybreckx was the VP of Student Experience in the Autumn 22 term. Maxinne continued her work from the previous term with excellence. Maxinne's experience gave her the opportunity to grow her leadership skills and communication with her team. Maxinne's structure made her manage her team in a friendly and organised way resulting in a range of great activities and events for the students throughout the term.

Abigaëlle Perrault was the VP of Student Experience in the Spring 23 term. Abigaëlle has managed her team and provided great support and assistance throughout the term. Abigaëlle has significantly grown in her communication and leadership skills whilst working on her personal growth, which has been terrific to oversee.

Academic Events

Damon Mosby has served as the Academic Events Officer throughout the academic year of 22/23. Damon has provided great support for the university-led events. Damon's exceptional connection with the student body and profound understanding of their needs have been instrumental in shaping his initiatives. One remarkable outcome of Damon's effort is the development of the innovative concept "Early Careers in...". Responding to studnets' desire for guidance, insights, and tops to kickstart their careers early on, Damon collaborated closely with the SU President, academics, the Careers Team, and the Alumni Team to bring this concept to life. The result has been a valuable resource for students at level 3, 4, and 5, providing them with the necessary tools and information to embark on their career journey.

Early Careers in...

The 'Early Careers in...' events aimed to equip students at an early stage of their studies with valuable insights on initiating a career in their respective fields.

- ...Fashion & Design: With great support from Prof Steven Dell, Fashion & Design
 Alumni Rozhin Elahi and Grace Owusu-Agyemang came to showcase and explain
 their portfolio work followed by a talk about CV and internships by Fashion Careers
 Advisor Julie Wilson.
- ...Film & Acting: In collaboration with Prof William Harris, the current West End actor Patrick Vaill came to provide inside knowledge about West End followed by a Q&A session.



Additionally, Damon has been the driver for the podcast "STUDENT VOICE – Regent's University London's Student Union's Podcast".

Highlighted Academic Events of the Year:

- An Inspirational Talk with John Mattone: Unlocking the 7 Secrets to Lead Others: The Marketing Officer, Erietta Katsou, arranged an outstanding event with the world's #1 executive coach (awarded by globalgurus.org). John Mattone gave us his valuable time and guided us through his seven secrets of intelligent leadership using a variety of real-world examples, tools, and assessments, followed by a focus group of 30 students who had the change to connect with him. The full talk can be seen on the Student Union's YouTube account.
- "Bounce Back Better: Toolkit for Resilience and Wellbeing" with Prof Ilona Boniwell: The Psychology & Psychotherapy Council President, Sofiia Chuhunova, invited world leading professor in Positive Psychology to share applicable tools for students to become resilient and how to bounce back better. The event was followed by a focus group where Ilona Bonwell used some of her professional tools for students to work more deeply with the topic.
- The Seventh Annual Wealth Management Forum: In a great collaboration with Dr Jacob H Schmidt, assistant professor in Finance, we arranged this year's Annual Wealth Management Forum with the topic "Blockchain, Crypto, and Cybersecurity". Keynote speaker Dr Jacob Mendel, provided interesting insights about the current trends and information about the topic, followed by short comments from the other speakers, a Q&A, and a networking event. The full talk can be seen on the Student Union's YouTube account.

The Speakers:

- Dr Jacob Mendel: Head of Digital Cryptography & Cybersecurity; MD,
 State Street, UK; Steering Committee Quantum Research Center, Tel
 Aviv University, IL
- Susanne Chishti: CEO Fintech Circle & FTSE Board Member; Fintech Investor & Editor The Fintech Book Series; NED CMC Markets PLC & Crown Agents Bank
- Stephen Isaacs: Senior Advisor, Alvine Capital Chairman, George Harrison Ltd
- Nat Abramov: Founder of Crystal Vantage; Author of guide on building and winning crypto cases in the ThoughtLeaders4Disputes, TL4F Magazine

Besides our SU-led academic events, we have supported the University-led Walpole and Distinguished speakers Series and encouraged students to attend those events. We have



shared the marketing material on our social media platforms and for some specific events we have had responsibility to fulfil. For instance, the SU President introduced Daniel Daggers from DDRE Global, and interviewed Charlotte Bobroff from J.P. Morgan Private Bank.



John Mattone



7th Annual Wealth Management Forum
From the left: Dr Elias Boukrami, Dr Jacob H Schmidt,
Dr Jacob Mendel, Susanne Chishti, Stephen Isaacs,
Stine Kaus



Charlotte Bobroff, J.P. Morgan Private Bank



Illona Boniwell

Societies

Autumn 2022: In the Autumn 22 term, Moses Wedu served as the Society Officer, bringing his natural ability to engage students and promote SU activities through his lively and interactive approach. Moses played a proactive role in initiating new societies that students desired, including the Art Society and Marketing Society. His efforts have been instrumental in expanding the range of opportunities for student involvement within the SU.

Spring 2023: In the Spring 23 term, Rishi Rao served as the Society Officer, bringing his creative mindset and ambitious vision to enhance the societies we offer. Recognising the importance of easy access to society information for students, Rishi led the initiative to redesign the Societies website, making it more user-friendly and engaging. His dedication to promoting societies has been influential in creating a vibrant and accessible platform for students to explore and participate in a wide range of societies.

An overview of the societies offered in the Autumn 22 and Spring 23 term can be seen in Table 5.

Table 5Societies Offered in the Autumn 22 and the Spring 23 terms

Autumn 22	Spring 23
FIFA	Gaming
Chess	Chess
Drama	Drama (Theatrics)
Photography	Photography (Lens)
Desi	Desi
Art	Art (Palette)
Marketing	Marketing
Music	Investment (Bull & Bears)
Climate	Creative Writing
Humanities	F1

A range of society events were offered throughout the year. An overview of the society events offered in the Autumn 22 and Spring 23 term can be seen in Table 6.



Table 6Society Events Offered in the Autumn 22 and the Spring 23 terms

Autumn 22	Responsible Society	Attendees
Chess Tournament	Chess	8
FIFA Tournament (2 days)	FIFA	12
GEW Sustainable Brainstorm Event	Climate	11
Liberal Arts and Humanitas Society Networking event	Liberal Arts	6

Spring 23	Responsible Society	Attendees
Mario Kart Tournament	Gaming	14
Weekly Karaoke Nights (every Wednesday)	Music	15-30
Art Exhibition	Art	25
Simulator Experience	Investment	5
Smashbro Tournament	Gaming	10
Football Screening (2 days)	Football Team (sports)	30
Creative Writing	Creative Writing	5

Social Events

In the Spring term, Tamar Hopkins held the role of Social Events Officer, exemplifying professionalism, organisational skills, and a clear vision for the term. Tamar curated a diverse and creative range of events that fostered a strong sense of community among the students. Her passion, dedication, and hard work contributed significantly to the positive and will-do atmosphere throughout the term.

Tamar actively sought feedback from students to understand their preferences and desires for additional events, resulting in increased student engagement. Moreover, Tamar successfully built a reliable and supportive team of students who provided valuable assistance whenever needed.

Autumn 2022	Category	Attendees
Speed Friending (UG Freshers Week)	On-campus diverse events	80
Welcome Festival (UG Freshers Week)	On-campus diverse events	150



Boat Party (UG Freshers Week)	Off-campus parties	180
Halloween Party	On-campus parties	120
Halloween Club Night - WYLD	Off-campus partis	150
Puppy Yoga	On-campus diverse events	60
Winter Break 'Hygge'	On-campus diverse events	70
Winter Break Club Night - MADDOX	Off-campus parties	250

Spring 2023	Category	Attendees
PG Networking (PG Freshers Week)	On-campus diverse events	50
PG Club Night – The Scotch (PG Freshers Week)	Off-campus parties	110
Speed Friending (UG Freshers Week)	On-campus diverse events	80
SU Welcome Fair (UG Freshers Week)	On-campus diverse events	100
Boat Party (UG Freshers Week)	Off-campus parties	150
Meet the SU Family	Face-the-students	50
Club Night - MADDOX	Off-campus parties	250
British Afternoon Team	On-campus diverse events	90
Valentine's Day – Spread the Love Stand	On-campus diverse events	40
Valentine's Day Party	On-campus parties	125
Meet the SU Family	Face-the-students	60
Puppy Yoga	On-campus diverse events	60
Let Them Eat Cake	On-campus diverse events	90
St Patrick's Day	On-campus parties	150
Meet the SU Family	Face-the-students	60
Quiz Night	On-campus diverse events	30
Easter Egg Hunt Eggstravaganza	On-campus diverse events	30
Mad Hatter Tea Party	On-campus diverse events	70
Club Night - MADDOX	Off-campus parties	250
Farewell Costume Night	On-campus parties	100





Art Exhibition - Art Society



Puppy Yoga



Valentine's Party - SU Team



SU Festival – Welcome Week Sep 2023





Let Them Eat Cake



PG BAM Social Event



Welcome Week - SU Team



Chess Tournament

OPERATIONS

This year we have had an incredible operations team, and without them, doing an invaluable piece of work in the background to have the work of the SU fully functioning. A great thanks to Clio, the SU Secretary, for being structured, committed, and helpful whenever the team has needed it, and for being enthusiastic and optimistic which have had a positive impact on the rest of the team. Thanks to Pranay for being the Treasurer.

A huge thanks to Erietta Katsou, the Marketing Officer of the Autumn 22 term, for your positive impact on the team. Lastly, an immense thanks to Dila, the Marketing Officer of the Spring 23 term. Dila has showed great enthusiasm and will-do spirit in her role when sometimes having overwhelmingly much marketing material to produce at once. Furthermore, Dila has been greatly innovative throughout her short time with the SU. She has been the main driver for the new TikTok account as well as creating engaging weekly social media campaigns such as "Motivational Monday" and "Love from London".

RESTRUCTURING THE STUDENT UNION

The decision to propose a restructure of the Student Union stems from our commitment to continuous improvement, responding to student feedback, and preparing for future growth. After careful consideration and evaluation, we recognised the need to realign our organisation's structure to better serve the student body and address key focus areas that were identified through valuable student feedback.

Firstly, the restructure aligns with the specific areas of focus that students have highlighted through their feedback. For instance, sustainability has emerged as a pressing concern, and we recognise the importance of integrating sustainable practices and initiatives into the core of our operations. Another request has been enhanced communication regarding the desire for more transparent, accessible, and consistent communication channels. By restructuring, we can establish dedicated roles meeting the requested needs.

Secondly, there has been a need for more effectiveness and efficiency of our work within the organisation. By streamlining our internal processes and refining our roles and responsibilities, we aim to optimise our collective efforts in delivering high-quality services, initiatives, and events to the student community. This restructuring will allow us to allocate resources more strategically, enabling us to better meet the evolving needs and expectations of our diverse student body.

Lastly, the suggestion for restructure also recognises the organisation's readiness for expansion. As the student body grows and diversifies, the student union must evolve to meet the evolving needs and aspirations of the students. The restructure will provide the necessary framework and flexibility to accommodate future growth, allowing the organisation to expand its services, initiatives, and outreach to better serve the student community.

General Annual Meeting 2023

At the Annual General Meeting on the 25th of May, 16:00-17:00, following the requirements of the Constitution*, 100% of the attendees voted in favour of the new structure proposed by the current SU President.

*31 students were present and voted

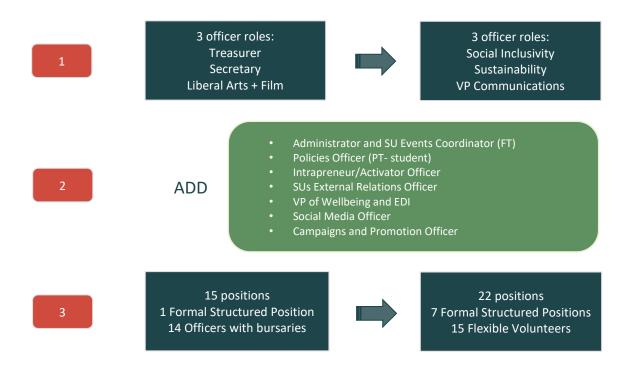
The New SU Structure

The proposed structure was based on students' feedback from councils and reps (e.g., communication, inclusivity, sustainability, more events) and a great benchmarking of 14 other Student Unions, such as MIT, St Andrews, LBS, and top NSS ranking Student Unions.



The changes suggested can be divided into three steps for the SU to be able to meet the students at Regent's University London's wishes and to enhance their student experiences. See Figure 3 for a visual explanation of the three steps.

Figure 3Three Steps Taken to Implement the New Structure of the SU



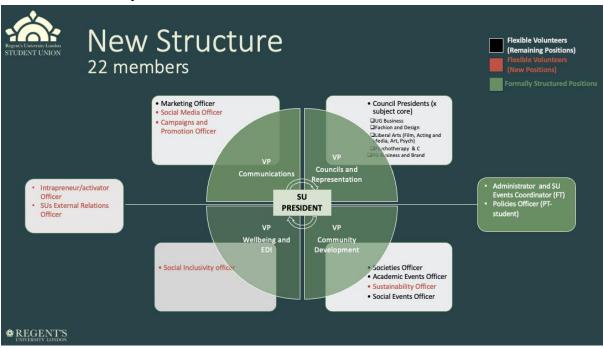
Step 1: The first step was to change the titles of three roles. We changed Treasurer, Secretary, and Liberal Arts + Film to become Social Inclusivity Officer, Sustainability Officer, and VP of Communications. The reason is to optimise the work withing the organisation and reacting to what students have requested, particularly, regarding increased communication, sustainability, and social inclusivity in the variety of events. The SU President will cover the responsibilities of the Secretary and Treasurer.

Step 2: The second step is to add seven roles to the organisation, all serving under the SU President. The full-time Administrator and SU Events Coordinator will be in charge of all practical organisation of events and activities. The part-time Policies Officer will be available for students when they have questions about the university's policies. The Intrapreneur/Activator Officer will serve as an on-the-beat input considering and presenting hot topics and trends. The SUs External Relations Officer will manage external relations with companies, other universities, and reach out to potential guests. The VP of Wellbeing and EDI will be the champion ensuring wellbeing, equality, diversity, and inclusion. The Social Media

Officer will be in charge of the social media platforms. The Campaigns and Promotion Officer will be in charge of creating campaigns and promotional material for events and activities.

Step 3: The last step was to make some financial changes in the budget. We moved the bursaries of the 14 Officers to become 7 formal positions (SU President, 4 VP's, Administrator and SU Events Coordinator, and Policies Officer) that could be considered part-time roles and 15 flexible volunteer roles. The benefit of being an Officer in the new structure, is to continuously being a part of the SU executive team as well as the flexibility around the role. The current financial situation of the SU provides confidence to support the low additional budget needed for this new structure.

Figure 3
The New Structure of the Student Union



CHALLENGES AND LESSONS LEARNED

We have faced several challenges this year, however, no growth without challenges to overcome, which certainly have contributed to strengthen our work within the team.

One challenge is when working with students there is a fine line of what can be expected from the executive members. The challenge of juggling studies and SU work can at times be difficult. However, these hard times hits at different times for different members. I am proud how the team has pulled together to support, lift, and help each other when needed to be able to deliver the best possible for the students, whether it has been in the councils, for academic events, or social events. The approach to the team has been student centred, meaning that we have aimed to show great flexibility for the executive members, and equally challenged them and loaded them with tasks when they have expressed time for it.

Another challenge was when students unexpectedly asked for specific events or activities within a short timeframe. Unforeseen tasks can at times be challenging to cope with and find time to meet, however, when these situations occur, often, great things happen, unexpectedly. A great example of this was the Art Society's idea of a beautiful Art Exhibition. The collaboration between stakeholders was great and the event was arranged smoothly and successfully.

Another challenge has been student engagement, which is an ongoing process. As we create more events and expands our work, the more students we need to engage with us. The way we addressed this was through working on the awareness of the SU among students. Furthermore, we targeted specific students with diverse events. We have seen an increased interest in the SU and participation in our events and activities.

Another challenge has been getting the momentum of recruiting new members to the councils. The council presidents have done a great job in contacting and seeking potential members for their councils, however, if the momentum of the welcome week and the approximately first two weeks of studies are not hit, recruitment can be challenging.



FINANCIAL REPORT

For the Academic Year 2022/23 we had a very cautious expenditure strategy with ambitious income goals.

Main Expenditure:

- Social and Academic Events (including Freshers Week) on and off campus
 - Decorations
 - Refreshments
 - Deposits for the Boat Parties
- SU Executive Bursaries
- Merchandise
- SU President salary part-time role
- Events and Merchandise subsidies Pups yoga and water bottles

Main Income:

- Merchandise sales
- Club Nights (entry tickets)
- Boat Parties (entry tickets)
- Valentine's Gifts

Donations:

• In May 2022 we donated £2 for each student who answered the NSS survey to the charity **Mind**.

Results*:

- ✓ Expenditure < 29% of the amount budgeted for this academic year
 </p>
- ✓ Income > 39% of the amount budgeted for this academic year

An immense thank you to the University for their financial and advisory support and to all the students who participated in our activities this year.

*As of April 2023. Final yearly financial report in process.



FUTURE PLANS BY ABIGAËLLE PERRAULT

Dear People of Regent's University,

I am beyond excited to have the opportunity to lead the wonderful Student Union team for the upcoming year. I am looking forward to engaging with people across campus and listening to your ideas, concerns, suggestions, and many more.

My list of priorities as your full-time Student Union President for the academic year of 2023/24 are:

Exciting Welcome Week

Create a vibrant welcome atmosphere for all our new students with more engaging activities and communication mechanism for students to connect with the SU since week 1 including events, councils and societies.

Strong Council Awareness Campaign

Foster the collaboration and communication between our SU councils, the student representatives, and academics.

Sustainability on Campus

Increase the collaboration with the University to discuss the incorporation of essentials changes to support sustainable actions on campus before the end of 2023.

Inclusivity

Be present for every student on campus and organise events tailored to our students specific and varied interests and needs.

Activate Art Initiatives/Events

Create opportunities for all students to explore the benefits of "Art" as an option for exploration and self-expression.

I am certain that with the help of the SU executive team and the student body, we will explore those priorities with scrutiny and enthusiasm.

Thank you and I look forward to seeing you in September.

Sincerely,

Abigaëlle Perrault



ACKNOWLEDGEMENTS

- Thank you to the engaged and enthusiastic **student body** at Regent's University London for your participation, support, inspiration, and encouragement. It has been a pleasure to represent your voice and to serve as your SU President.
- Thank you to all volunteers, including reps and society presidents, for your great work, dedication, and participation into enhancing the student experience at Regent's University London.
- Thank you to my outstanding **SU** executive team for inspiring, challenging, and supporting me in my role. You are the reason that we have come so far as an organisation. I am immensely grateful and proud!
- Thank you to the academics and staff from different departments around campus, for
 your support, patience, and understanding about the challenge of being a part-time
 president and a full-time student at the same time. Especially, thank you to the
 Careers Team, Events Team, Alumni Team, Directors of Contents and academics for
 your flexibility and collaboration throughout the year.
- Thank you to the Chair of the Board of Directors, **Nick Whitaker**, for your advice and guidance on managing a team, as well as asking reflective questions regarding our work. I appreciate your time and interest in our organisation.
- Thank you to the Vice-Chancellor & CEO, Professor Geoff Smith, for being an immense leadership inspiration. Your approach to the students and willingness to listen to the student voice is unique. Thank you for supporting our vision and providing resources for us to succeed our goals. Lastly, thank you for continuously challenging my leadership skills, public speaker skills, and personal skills, which has helped me grow.
- Thanks to **Amelia Collins** (Sports & Activities Officer) and **Alice Winborn** (Student Voice & Membership Coordinator) for your availability and support when needed.
- Lastly, but certainly not least, thank you to Doris Chavez, (Student Engagement Manager) for being an invaluable manager and mentor providing hours of guidance, support, and advise. My progress as a leader, professional, and as a person is partly to your credit.

