

Re-Election Manifesto 2025

Teresa Janikova for SU President

My name is Teresa Janikova, and at Regent's I studied my postgraduate in Digital Marketing and Data Analytics.

Over the past year, I have had the honour of serving as your Student Union President. I have spent so much of this time listening, learning, and acting; working to build a campus experience that feels more connected, more inclusive, and more supportive for everyone.

Through every conversation, event, and council meeting, I have seen what works and what still needs to change. That is why I am asking for your trust again. With the knowledge, experience, and relationships I have built, I am ready to do more.

What we have achieved in the Student Union this year

- Two buzzing Welcome Weeks to start the year right
- Shared your feedback on electives and helped support important academic conversations.
- Celebrated Ramadan, Holi, Diwali, Halloween, Christmas – and more
- Ran phishing awareness campaigns with Regent's Tech & Transformation
- Raised awareness on accessibility through student-led content.
- Reached you directly through classroom visits & the SU table.
- We started improving Student Council structure & society support
- Started redesigning the SU website for better communication
- Helped and supported you through academic appeals and misconduct processes

My Vision for 2025 - 2026

1. Celebrate every culture

At Regent's, we come from everywhere and that's our strength. I want to continue supporting a campus where every culture is respected, every story is valued, and every student feels like they belong.

- Support the celebration and visibility of cultural holidays, national traditions, and religious events throughout the year.
- Encourage more off-campus experiences that help you explore London, build friendships, and discover new opportunities.
- Continue working with the University and all of you to develop pledges that reflect the voices and needs of different groups and communities, including undergraduate, postgraduate, international, UK, LGBTQ+ students, alumni, and students of all faiths and belief systems.

2. Promote safety awareness, and student wellbeing

From mental health to digital safety, I will continue collaborating with university teams to support clearer, more student-friendly communication and inclusive wellbeing initiatives.

- Continue cybersecurity campaigns, helping you feel more informed, confident, and protected both online and on campus.
- Promote visibility and awareness of wellbeing support
- Work with staff to explore more quiet spaces on campus for prayer and meditation

3. Support your learning

I have heard your feedback about electives. The University is already reviewing these areas, and I will continue working with staff and student representatives to support the progress.

- Keep gathering feedback - ensuring it's shared and considered during university discussions about academic development.

4. Help you connect, grow, and gain experience

Many of you have told me that you want more ways to connect with professionals. The University does a lot in this area, and I want to support and build on that by helping you make the most of these opportunities.

- Support more career and networking events by collaborating with university teams
- Invite guest speakers from diverse fields
- Launch student-led SU projects in media, film, events or content creation

5. Support societies and student leadership

Societies are a key part of student life, and I want to keep building on the progress we have already started. This year, we introduced training for new society presidents, and I'd love to expand this even further for current and future societies presidents.

- Continue developing leadership training

6. Create more space for your voice

- Build stronger, clearer Student Councils structure
- Help you navigate university policies and academic challenges
- Keep collaborating with different teams to turn your feedback into action

Why vote for me again?

Because I've been doing the work with you, and for you. I have shown up, taken the initiative, listened when it mattered and spoke up whenever necessary and cared deeply through the small things, the hard things, and the things that really matter.

This past year has shown me what's possible when we work together. I have led with heart, with energy, and with purpose and I am ready to go even further.

If re-elected, I will continue working to support an experience that's inclusive, empowering, and exciting for all of us.

I have built relationships and laid the foundation. But now I want to go further - with more experience, stronger ideas, and even more drive to make things better.

Ready to do even more.

Where there is will, there is a way.

Your voice matters. Your experience matters. Let's keep building something better.